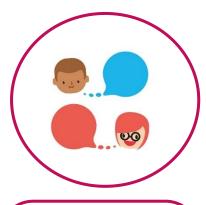
Doncaster Educational Psychology Service





What can they help with?

Social skills

Self-care skills

Changes in routine

Behavioural strategies

New places

Special events

Social Stories

Social stories were created by Carol Gray in 1991. (The terms social story and social stories are trademarks originating from and owned by Carol Gray).

They are used to describe a particular event, activity or situation. They help children and young people (CYP) to understand what to expect in that situation and why.

They can also help the CYP with sequencing, planning and organising.

Example from Bader Academy:







How to write a social story

- 1. **Identify the goal** what do they need to understand to achieve this?
- 2. **Gather information about the situation** when does it occur, where, with who, what happens and why, when does it start and end etc.
- 3. **Gather information about the person it is for** interests, level of ability and understanding etc
- 4. Include a title, body and conclusion
- 5. **Include descriptive sentences** e.g. There is a pedestrian crossing outside my house
- 6. **Include coaching sentences** e.g. I need to hold an adult's hand when crossing the road
- 7. Include appropriate pictures or symbols to aid understanding

Resources:

Social stories and comic strip conversations (autism.org.uk)

<u>Social Story Sampler - Carol Gray - Social Stories</u> (carolgraysocialstories.com)

<u>Social Stories - Sheffield Children's NHS Foundation Trust</u> (<u>sheffieldchildrens.nhs.uk</u>)

What is a Social Story? - Answered - Twinkl Teaching Wiki

Visual supports (autism.org.uk)